

Julie W. Wiebe, PT, DPT
04/12/2023

CURRICULUM VITAE

Julie W. Wiebe

University of Michigan-Flint
Physical Therapy Department

Education:

Doctor of Physical Therapy (DPT)-Academic Emphasis
University of Medical Sciences Arizona
Physical Therapy
July 2020

Master of Physical Therapy (MPT)
Hahnemann University
Physical Therapy
May 1996

Bachelor of Science (BS)
Gordon College
Movement Science
June 1992

Licensure Information:

Licensed Physical Therapist: California #23898, Michigan #5501301964

Employment and Positions Held:

Clinical Assistant Professor
University of Michigan-Flint
Non-Tenure Clinical Track
Flint, Michigan
April 2021-present

Owner, Clinician and Educator
Julie Wiebe Physical Therapy
Ann Arbor, Michigan
2004-present

Staff Physical Therapist
Women's Physical Therapy and Rehabilitation
Beverly Hills, CA
2010-2011

Staff Physical Therapist
Wellspring Cancer Support Network
Oakville, Ontario, Canada
2009

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Staff Physical Therapist
Women's Physical Therapy and Rehabilitation
Beverly Hills, CA
2005-2006

Staff Physical Therapist
Layfield and Associates Physical Therapy
Encino, CA
2003-2004

Staff Physical Therapist
Blake Physical Therapy
Santa Monica, CA
2000-2003

Staff Physical Therapist
McK Physical Therapy
Burbank, CA
1998-2000

Staff Physical Therapist
Seneca Physical Therapy
Rockville, MD
1996-1998

Peer Reviewed Publications: (underlined indicates student)

Journal Articles

2021 **Wiebe JW**. Movement-based intervention to resolve severe pelvic and hip pain in a female Iron-distance triathlete. *J Pelvic, Obstetric and Gynaecological Physiotherapy*. Spring 2021; 128: 46-53.

2017 Mannell S, **Wiebe JW**, Larin HM. Dynamic core intervention for a child with cerebral palsy. *Remed Open Access*. 2017; 2:1-5.

2014 Barbato KA, **Wiebe JW**, Cline TW, Hellier SD. Web-based treatment for women with stress urinary incontinence. *Urol Nurs*. 2014. 34(5): 252-257.

Books/Chapters

2020 **Wiebe JW**. Pelvic floor: Integration vs. Isolation. In: Liebenson C, ed. *Rehabilitation of the Spine: A Patient-Centered Model*. 3rd ed. Baltimore, MD: Wolters Kluwer. 2020; 790-806.

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Peer Reviewed Scientific and Professional Presentations: (underlined indicates student)

Poster Presentations

2023 Wiebe JW, Huang MH, LaCross J, Nguyen A, Fridman L, Tran N, Napier C
Obstetric, running habit, and kinetic characteristics in recreational female runners with and without running- related urinary incontinence: A preliminary report
Accepted Virtual Poster Presentation. Female Athlete Conference Boston, MA
Upcoming June 14-16, 2023

2014 Barbato KD, Wiebe JW
Web-Based Treatment for Women with Stress Urinary Incontinence
Poster Presentation. National Association of Nurse Practitioners in Women's Health-17th Annual Conference.
October 2014

2012 Mannell S, Wiebe JW
Effect of Dynamic Core Intervention on Posture and Function in a Child with Cerebral Palsy: Case Report
Poster Presentation. American Physical Therapy Association-Combined Sections Meeting
February 2012

Peer Reviewed Seminars

2023 Vagy J, Lau M, Cofield S, Wiebe JW
The Social Media Dilemma: Adapt and Engage or Get Left Behind?
Education Session. American Physical Therapy Association-Combined Sections Meeting
February 2023

2022 Wiebe JW
Pregnancy, Postpartum, and Abdominopelvic Health Considerations for the Female Athlete
Education Session. APTA-Michigan Fall Conference.
October 2022

2020 Wiebe, JW
New Solutions and Strategies for Incontinence in Athletic Females.
19th Physiotherapy Forum Presentation. 50th Annual International Continence Society Meeting
November 2020

2018 Von Berg K, Wiebe JW
Getting to the Core of Continence for Adults & Children with Cystic Fibrosis: New Strategies for Physical Therapists.
Short Course Presentation. North American Cystic Fibrosis Conference
October 2018

2018 Von Berg K, Wiebe JW
Hey Look! No Devices: Optimizing Airway Clearance & Function Through Breathing Strategies, Manual Techniques, & Core Alignment
Discipline Group Presentation. North American Cystic Fibrosis Conference
October 2018

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2018 Wiebe JW

Sport Specificity Training for Female Athletes
Education Session. American Physical Therapy Association-Combined Sections Meeting
February 2018

2017 Wiebe JW, Battles B

Female Athlete Strength and Conditioning: Bridging Rehab and Fitness
Education Session. American Physical Therapy Association-Combined Sections Meeting
February 2017

2017 Clinton S, Wiebe JW

From the Glottis to the Pelvic Floor: Making the Clinical Connections
Education Session. American Physical Therapy Association-Combined Sections Meeting
February 2017

2016 Battles B, Wiebe JW

Coaching the Pregnant and Postpartum Athlete
Education Session. National Strength and Conditioning Association SoCal State Clinic
August 2016

2016 Wiebe JW

Female Athletes: They're Not Little Men
Education Session. American Physical Therapy Association-NEXT Conference
June 2016

2016 Wiebe JW

Relevance of the Pelvic Floor for Orthopedics and Sports Medicine
Education Session. American Physical Therapy Association-Combined Sections Meeting
February 2016

2016 Mannell S, Wiebe JW

Dynamic Core Stability in Children with Cerebral Palsy
Education Session. American Physical Therapy Association-Combined Sections Meeting
February 2016

2015 Wiebe JW

Treatment of SUI in a Female CrossFitter with a Complex History
Complex Case Presentation. American Physical Therapy Association-Combined Sections Meeting
February 2015

2015 Wiebe JW, Green B, Granger J

Building the Female Athlete from the Inside Out
Education Session. American Physical Therapy Association-Combined Sections Meeting
February 2015

2014 Wiebe JW

The Female Athlete: Ready for Impact?
Education Session. California Physical Therapy Association-Annual Conference

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October 2014

2013 Mannell S, Wiebe JW

Evidenced-Based Core Stability for Children with Challenges Part 1
Education Session. American Physical Therapy Association-Combined Sections Meeting
January 2013

2013 Mannell S, Wiebe JW

Evidenced-Based Core Stability for Children with Challenges Part 2
Education Session. American Physical Therapy Association-Combined Sections Meeting
January 2013

2012 Wiebe JW

Isolation versus Integration: Dynamic Pelvic Floor for Core Programs Part 1
Education Session. American Physical Therapy Association-Combined Sections Meeting
February 2012

2012 Wiebe JW

Isolation versus Integration: Dynamic Pelvic Floor for Core Programs Part 2
Education Session. American Physical Therapy Association-Combined Sections Meeting
February 2012

2012 Miller J, Wiebe JW

Complicated Patient Case Study: Management of Osteitis Pubis in a Female Collegiate
Complicated Patient Case Study Presentation. American Physical Therapy
Association-Combined Sections Meeting
February 2012

Invited Seminars and Lectures

Smart Education Power Talk (Remote- Belgium) - 2023

Evidence in Motion Elevate Pelvic Health Online Symposium-2023

Siaparto- International Birth Workers Symposium (Asynchronous Remote-Brazil)- 2021

AASPT Female Athlete/Running SIG Monthly Webinar/Learning Academy (Remote)-2021

University of Michigan-Flint DPT Advanced Topics Seminar (Remote)- 2020

Messiah University Nurse Practitioner Graduate Program(Asynchronous Remote)-2020-2022

University of Central Arkansas Musculoskeletal Track (Remote) -2017

California State University Northridge Research Symposium - 2016

Clarke University DPT Women's Health/Sports Med Elective (Remote)-2014-2021

California Physical Therapy Association-San Francisco Chapter (Remote)-2014

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UCLA Outpatient Rehabilitation Department- 2012, 2013,

UCSD Orthopedic Research Department - 2012

Association of Perinatal Naturopathic Doctors Toronto Chapter-2009

Association of Perinatal Naturopathic Doctors National Symposium-2008

Current/Active Research Activity:

Primary Investigator: Julie W. Wiebe, PT, DPT, Min-Hui Huang, PT, PhD, Jenny LaCrosse, PT, DPT, PhD(c), ATC, CLT, Anna Nguyen, SPT, GRSA, Chris Napier, PT, PhD

Pelvic Health Clinical Features Associated with Biomechanical Factors at Initial Contact in Recreational Female Runners

Funding: None

Primary Investigator: Julie W. Wiebe, PT, DPT, Anna Nguyen, SPT, GRSA

Obstetrician Readiness to Provide Post-Partum Return to Fitness Guidance

Funding: None

Co-Investigator: Kristen Barbato, DNP, CRNP, FNP-C; Julie W. Wiebe, PT, DPT

Integrative Management and Prevention Strategies for Incontinence in the Home Health Setting

Funding: None

Membership in Scientific/Professional Organizations:

American Physical Therapy Association-Academies of Sports Medicine and Education
2013-present

International Continence Society
2014-present

International Pelvic Pain Society
2018-present

Service

Profession

Physiotherapy Manuscript Reviewer 2021

American Physical Therapy Association: Combined Sections Meeting Programming Committee
Section of Women's Health_2013-2017

Community

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Program Liaison with University of Michigan- Ann Arbor Adaptive Athlete Sport and Fitness Program 2022-23

Community Education Program Development/Various community groups
2004-present

University

Website Update Committee 2021-22

College

CHS representative Website Update Committee 2021-22

Department

Admissions Committee 2021-present
Social Media/Recruitment 2021-2022

Honors/Awards

2021-2022 Hagerman Faculty Entrepreneurship and Innovation Award

Professional Development Attended:

American Physical Therapy Association Combined Sections Meeting-February 2023

APTA-Michigan Fall Conference- October 2022

Trauma Informed Best Practices: Working with Athlete Survivors October 2022

Northwestern University Sports Medicine Grand Rounds- "Rotation: The Keystone of Hip & Pelvic Floor Performance in Athletes" May 2022

University of Michigan Med Sport Exercise is Medicine Conference- May 2022

University of Michigan Pelvic Floor Research Group Research Day – March 2022

UM-Flint: Implicit Bias Training and the Ways Our Identities Matter in PT-February 2022

UM-Flint Quad Pod: How Grades Can Undermine Learning and Jeopardize our Students' Wellbeing – Feb 2022

National Association of Black Physical Therapists Inaugural Conference- June 2021

American Academy of Sports Physical Therapy Team Concept Conference: The Female Athlete December 2020

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19th Physiotherapy Forum. 50th Annual International Continence Society Meeting-November 2020

The Black Patient Experience Webinar- June 2020

The Black Physical Therapist Experience Webinar-June 2020

University of Michigan Pelvic Floor Research Group Annual Research Day-February 2020

American Academy of Sports Physical Therapy Team Concept Conference: Hot Topics-December 2019

Transitional Doctorate in Physical Therapy Program: University of Medical Sciences Arizona-2018-2020

Emergency Medical Responder Certification Renewal- November 2018

North American Cystic Fibrosis Conference-October 2018

American Physical Therapy Association Combined Sections Meeting-February 2018

American Physical Therapy Association- Combined Sections Meeting Pre-Conference Course: The Female Athlete- February 2018

American Physical Therapy Association- Combined Sections Meeting Pre-Conference Course: Pelvic Floor Treatment of Urinary Incontinence: An Evidence Update February 2018

American Physical Therapy Association Combined Sections Meeting-February 2017

Emergency Medical Responder Initial Certification- February 2017

Current Teaching Responsibilities

2022-2023

Spring/Summer

PTP 699 Integration & Critical Thinking 1

Fall

PTP 892 Professional Practice Management

PTP 789 Advanced Topics in Physical Therapy

PTP 728 Axial Skeleton - 20% Instruction

PTP 704 Therapeutic Exercise -15% Instruction

PTP 794 Service Learning

Winter

PTP 665 Tests & Measures 50%

Early Career Research Release to support Research Excellence

2021-2022

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Spring/Summer

PTP 699 Integration and Critical Thinking 1

Fall

PTP 789 Advanced Topics in Physical Therapy

PTP 728 Axial Lab Instructor 50%

PTP 768 PT Management of Athlete 50%

Winter

PTP 739 Orthotics, Prosthetics & Assistive Devices

PTP 665 Tests & Measures 50%